

# My Superpower Shield

This worksheet helps kids identify their unique qualities and strengths by designing a shield that represents them.

## Examples:

Example Sections on Shield:

- Something I'm really good at: Drawing
- A time I helped someone: I helped my friend clean up their toys.
- A kind thing someone said: 'You're such a great listener!'
- A dream I have: To become a scientist.

## Instructions:

1. View the shield with 4 sections below.
2. In each section, write or draw something about yourself:
  - Something you are really good at.
  - A time when you helped someone.
  - A kind thing someone said about you.
  - A dream or goal you have.
3. Decorate the shield with colors and patterns that make you happy.

# MY SUPERPOWERS

