

Name : _____

Date: _____

SMART GOALS PLANNER FOR STUDENTS

Instructions: Define a specific, measurable, achievable, relevant, and time-bound goal, break it down into actionable steps with assigned deadlines, anticipate obstacles and develop strategies to overcome them, track progress, seek accountability, and regularly review and adjust your goals.

S

☐ Specific

What exactly do you want to achieve?

M

☐ Measurable

How will you track your advancement?

A

☐ Attainable

Evaluate the feasibility of your goal.

R

☐ Relevant

How does it fit into your broader objectives?

T

☐ Time-bound

What is the deadline?